UAlg SAS
UNIVERSIDADE DO ALGARVE
SERVIÇOS DE AÇÃO SOCIAL

WEEKLY MENU
Bar lunches

12h to 14h pm (Penha)
12h30 to 14h30 pm (Gambelas)

MENU **4,5€** Main dish

MENU **6€**
Main dish + Soup + Dessert
(Sweet dessert or Fruit)

DAY	SOUP	MAIN DISH 01	MAIN DISH 02
Mon 09 NOV	Carrot cream	Chicken in tomato stew with courgette, mushrooms and penne pasta	Lentils bolognese
TUE 10 NOV	Cabbage soup	Oven baked pork loins with carrot and sweet potatoes	Cauliflower with cream, mushrooms and green peas rice
WED 11 NOV	Cress and beans soup	Duck rice	Seitan stew potatoes
THU 12 NOV	Lentils and green beans soup	Chicken with chips and eggs (à brás)	Tofu stew with white rice
FRI 13 NOV	Tomato soup	Turkey steaks in onions stew with vegetables rice	Seitan with cream and carrot with potatoes

WHERE TO FIND US

Penha Campus:
> ESGHT Bar
> ESEC Bar

Gambelas Campus:
> Complexo pedagógico Bar
> Edifício 7 Bar

Food that tastes like home.